

BOXING FUNDAMENTALS



Mon 8pm / Wed 8pm / Sat 11am OR Tue 8pm / Thu 8pm / Sun 11am
Catchup Session Fri 7pm



4 WEEKS | 12 SESSIONS | £160

Develop foundations to become a competent boxer

Learn real boxing skills in a fun & supportive environment

Supercharge your fitness & physique in just 4 weeks

Progress to our intermediate & advanced level skills and fitness classes

Choice of different course options

£5
TASTER
SESSION

Find out more and book your taster session at
www.12roundsboxing.co.uk
1a St Johns Hill, Clapham Junction SW11 1TN